

Winter 2022

in the house

Veterans Guest House Newsletter

Guests are Back!

More than 400 first-time guests have been served in 2022. That's a 8% increase from last year.

New Service Gives Veterans Greater Access to Medical Care

Rural veterans who should benefit from having assistance dressing, bathing, or getting around are often left without the help they need. Home health aides are in short supply and can be prohibitively expensive even if they are available. For veterans who struggle to care for themselves at home, traveling for crucial medical treatment is often not an option.

VGH has launched a program aimed at providing supportive home health aide for guests requiring extra assistance on a temporary basis. During their stay, guests are offered help with vital tasks like bathing, dressing, eating, and companionship. This new service also offers short-term relief to caregivers, giving them a chance to take a much-needed break, arrange for their own medical care, or manage household responsibilities such as shopping. For guests like Mike, a little extra support has been especially helpful to his recovery. He travels from the Philippines and is often weak after his treatment. He shares,

"I'm a long way from home and by myself. But with Dyana and the VGH team, I never feel alone."

An otherwise self-reliant Navy veteran, Mike credits his ability to recuperate with the supportive staff at VGH. "The added personal care has made all the difference. I'm not one to ask for anything, and Dyana will ask if I need anything in a very friendly way. I told her I was very worried about getting to my appointments and she said, 'Would a walker help?' Next thing I know she got me a walker and I'm able to take care of myself."

Dyana enjoys that she is helping; "It warms my heart to give guests someone to talk to. I often accompany guests to their appointments and help them follow doctors' advice. I'm here to make them feel comforted."

With seed funding provided by Raymond LaRoche and continued support from donors like you, VGH seeks to ensure every veteran and family member has the support and resources they need to gain access to the medical care they should not go without.

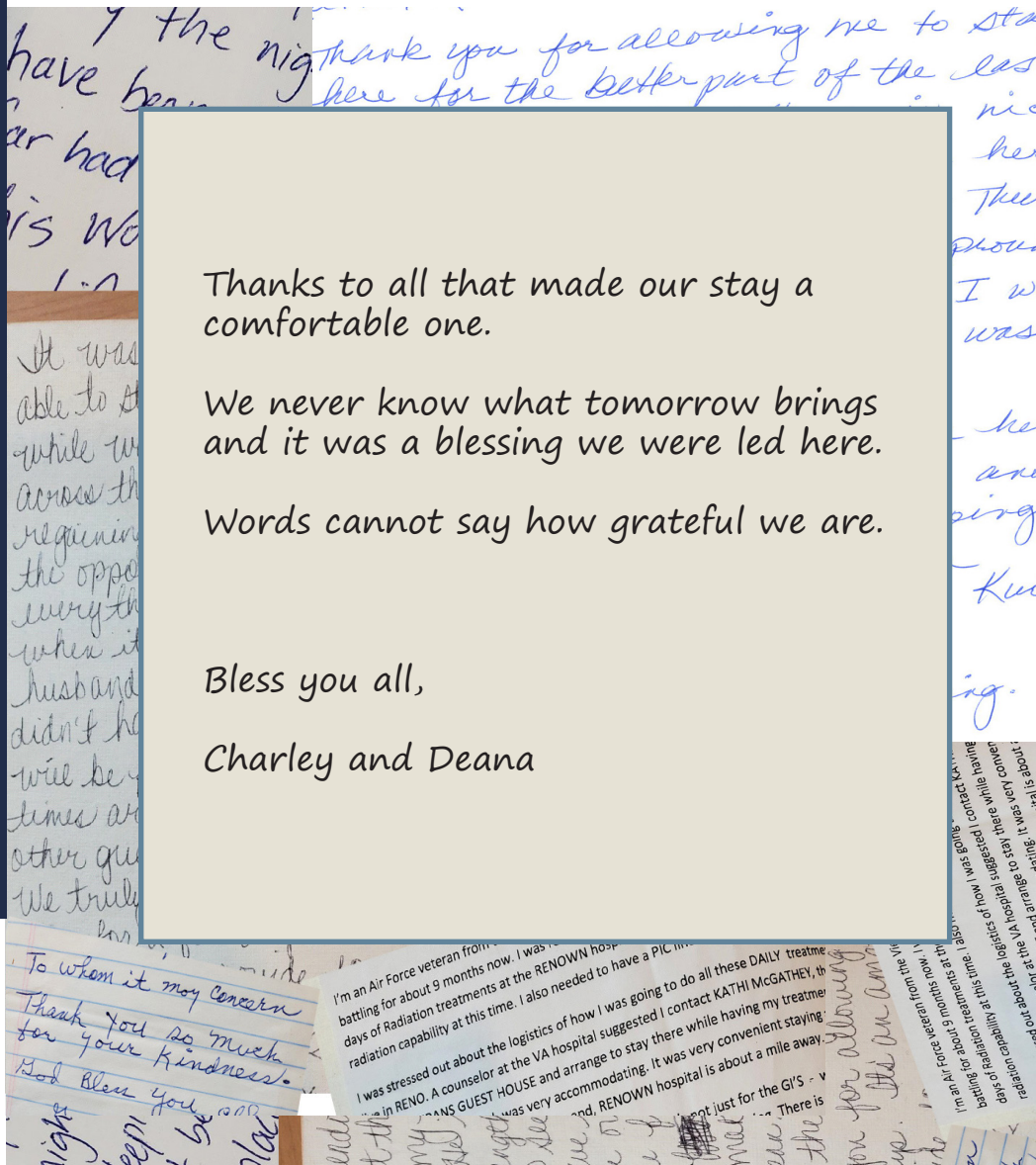


Dyana from Armanda with guest Mike McGrady, US NAVY

Letters From Home

A special note for you

Every day, veterans and their families express their gratitude to staff for the gift you have given them by donating to the Veterans Guest House. With your help, the veteran community has more than just a safe place to stay when seeking medical care. They have a place of peace, comfort, and desperately needed relief during difficult times.



Thanks to all that made our stay a comfortable one.

We never know what tomorrow brings and it was a blessing we were led here.

Words cannot say how grateful we are.

Bless you all,

Charley and Deana

Radiothon Raises \$45,000

A Special Thank You to Our Generous Sponsors

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VETERANS GUEST HOUSE

★ Our Mission ★

Promoting the health of veterans and their families by providing a warm, inviting temporary home and access to the medical care they need.

880 Locust Street, Reno, NV 89502 | Phone: 775-324-6958

RIVAL RAFFLE

\$5,000 Grand Prize
and other cash prizes

Winning Tickets Drawn December 10th, 2022
\$25 per Raffle Ticket or \$100 for six tickets

Must be at least 18 years old. Need not be present to win grand prize. Must be present to win all other prizes.

From Homeless to Housed

Helping local veterans find employment and a permanent place in the community

The cold Reno winters have arrived, and we are reminded how VGH began: our founders, Chuck Fulkerson and Dick Rhyno, discovered a woman sleeping in her car because her family could not afford the cost of a motel room as her husband received care at the VA. There are veterans in our community who are not as fortunate.

Veterans Guest House has recently partnered with Karma Box Project to tackle another challenge many veterans face: homelessness. Recognizing that homelessness puts the health of our veterans at greatest risk of all, this pilot program provides supervised housing and personalized assistance to help veterans successfully integrate into permanent housing and the community. Veterans receive help accessing medical care, obtaining benefits they qualify for, and even securing employment.

Veterans are carefully selected by both the Veterans Guest House and Karma Box Project teams. Candidates must demonstrate they are sober, actively participating in programming, and employment ready.

Some veterans need extra help overcoming complex mental health challenges and the high cost of rent. The two nonprofits are working together to provide housing and services that best prepare veterans for independent living and a happy life after service.



The two-bedroom, one bathroom bungalow is fully furnished and is a separate property next door to VGH.

2022 Toys For Tots

Make a child's Christmas merry by dropping off a new unwrapped toy at Veterans Guest House now through December 21, 2022.



Panasonic volunteers at the Radiothon phone lines, the airwaves were abuzz!

Partner Spotlight Panasonic

Local Panasonic Energy of North America has been a long time supporter of VGH. This year they have gone the extra mile by volunteering 45 hours and provided a catered lunch at our Veterans Day open house. Its because of community partners like Panasonic that VGH can continue to expand services to underserved veterans.

Giving Veterans a Happy Thanksgiving

The leaves were still on the trees and the sun shone brightly in September when Kevin, a quiet and gentle Navy veteran politely inquired about having a Thanksgiving dinner at VGH. He worried about being alone and hungry, and longed for the simple pleasure of sharing a meal together with fellow guests. Sadly, this is a reality for many veterans we serve.

Recognizing that the holidays can be a difficult time for many, especially our veterans, NV Energy wanted to be a part of the solution. Their generosity gave Kevin and 24 other veterans a Thanksgiving feast and a sense of belonging for the day. Kevin was joined by Ron travelling from Carlin. He's traveled every year for over a decade. Bringing veterans together to share a special meal makes all the difference to our heroes who may have no other place to go.



Dining room tables pushed together, the more the merrier!

Meet VGH Scholarship Recipients

helping veteran students further their dreams



Major: Finance

Minor: Economics and business analytics

"In the future, I hope to become a financial advisor as well as a gym owner."

Kealii Kalawao-Cummings, Marine Corps



Cody Ball, Marine Corps

Major: Criminal Justice and Psychology

"I also strive to complete my EMT and AEMT certifications in the near future."



Major: Public Health and Cell Biology

"I plan on becoming a family practice and emergency medicine physician."

Justin Solario, Air Force

"My time was both successful and loved, both professionally and in a personal growth manner, my goal is to continually support and defend my community and country."
-Cody Ball

Help Spread Holiday Cheer

Whether it is a pair of warm socks, a gift card, or snacks that remind our guests of home, for many of our veterans, the only gift they will receive this year is from you.

- Gift Cards (Gas, Amazon, Walmart)
- Bottled water
- New jackets, gloves
- Canned soups/chili
- New pajamas, socks
- Vienna sausages/spam
- Individual packaged snacks
- Keurig coffee pods
- Gift Sets (hot cocoa, shampoo, meat & cheese)
- Cookies

